



**Previously... in Digital Safety!**  
Aryan, Priya, and Naman have been learning how to stay safe online. They've tackled passwords and account security. Now Naman has made a new mistake — one that could affect his safety at school. Let's find out what happened!

**Key Terms — Your Privacy Dictionary****Privacy**

Choosing **who can see** your personal information. You control it — not the app.

**Privacy Settings**

Controls inside an app that decide **who sees your posts, profile, and location.**

**Public**

Anyone on the internet — **even strangers** — can see it. Very risky.

**Friends Only**

Only people **you accepted** as friends on that app can see your posts.

**Private Account**

Only approved people can see anything. The **safest setting** for school students.

**Profile**

Your page on an app — includes name, photo, school, location, and posts you share.

**Breaking News — Read and Think****The Daily Tech Tribune**

Wednesday, 11 March 2026 · Digital Safety Edition

**"DELHI SCHOOL BOY'S PUBLIC INSTAGRAM PROFILE REVEALS DAILY ROUTE — PARENTS ALARMED"**

**Our reporter writes:** A Class 7 student from a school in Pune posted his daily routine publicly on Instagram — including his school name, home neighbourhood, and the time he walks home alone. He did not realise his account was set to *Public*, not *Friends Only*.

An unknown account began following him and sent a DM asking: "*Don't you study at Bal Vidya School? I pass that road every day.*" His parents only discovered this after checking his phone. They immediately changed his settings to Private.

**What experts say:** Cybersecurity experts warn that most students leave default settings untouched — which means their account is often **Public by default**.

**► What was visible to strangers:**

- School name and class section
- Daily walk-home time and route
- Home area / neighbourhood
- Photos with location tags
- Friend list and DM access

"*Ek galti kaafi hai*" — one mistake is enough, warn experts.

**Read & Reflect After Reading the News Article**

**Q1.** Write **THREE** pieces of information the boy shared publicly that were risky:

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**Q2.** Why was the unknown account's DM a warning sign? Explain in 1–2 sentences:

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**Q3.** What should he have done *before* posting? Circle one & write why:

**Set to Private**

**Post anyway**

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## Story Time – Naman's Big Mistake

After School — WhatsApp Group Chat (Friends Group)

**Naman**: Yaar, koi mujhe follow kar raha hai Instagram pe. Mujhe nahi pata kaun hai. Thoda scary lag raha hai.

**Aryan**: Naman, tera account Public hai kya? Tune kabhi check kiya?

**Naman**: Public? Pata nahi yaar... Download karte waqt kuch default tha. Maine change nahi kiya.

**Priya**: Naman bhai, yeh bahut serious hai! Ek stranger tujhe follow kar raha hai aur tujhe pata bhi nahi. Let's check your settings RIGHT NOW.

**Naman**: Maine apna school ka naam, ghar ka area, aur daily walk home ka time sab post kiya tha... public pe. 😞

**Aryan**: Naman — that's exactly what the news story today was about! Ab hum tujhe Privacy Settings sikhate hain. Chalo.

### Pause & Think!

Naman didn't check his settings when he created his account. **Most apps default to Public** — which means anyone in the world can see your profile, posts, school, and location. Checking Privacy Settings takes 2 minutes. Not checking them can create months of danger. *Before your next post — open Settings → Privacy → check!*

## Activity 1 – Spot the Risk: Naman's Instagram

### Activity 1

#### Three Screens – What's Visible to Strangers?

Aryan shows Priya and Naman what a stranger can see when Naman's account is on **Public**. Look at all three screens carefully.

**Screen 1: Naman's Public Profile**

Instagram profile for naman\_official\_25 (Public Account). Bio: Class 7 · Sunrise Public School, Sector 12, Rohini, Delhi. Walk home 3:30 PM daily. DMs open to everyone. A red box says: All this is visible to 1.4 billion strangers!

**Screen 2: Stranger's Suspicious DM**

Unknown · Not following you. Messages: "Hey! I know you study at Sunrise Public School. We should meet!", "You walk home at 3:30 right? I pass that road 😊", "Just accept my follow request. I'm friendly!". A yellow warning box says: WARNING SIGNS: Knows your exact location, Knows your daily time, Urgency to meet offline.

**Screen 3: Aryan Fixes Settings**

Settings → Privacy. Account Privacy: Who sees posts: Only Me; Who can DM me: Friends Only; Location on profile: Hidden; Account type: Private. A green box says: Settings Saved — Account is now Private!

**Q4.** Screen 1: List TWO pieces of risky information visible on Naman's profile:

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**Q5.** Screen 2: Why is the stranger's message dangerous? Give ONE reason:

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**Q6.** Screen 3: Which setting is most important for Naman? Why?

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## Aryan Explains – The 3 Privacy Levels

In the School Library — Aryan Teaches Naman & Priya

**Aryan** Dekho, teen privacy levels hote hain. Public, Friends Only, aur Private. Sabse pehle samajhte hain ki Public actually kitna risky hai.

**Priya** Aryan — it's scary how easy it is. You just forget to check one setting and suddenly the whole world can see where you live and when you walk home. Ek bhool, itna nuksaan.

**Naman** Toh Friends Only safe hai na? Mera matlab, mein sirf apne friends ko hi add karunga.

**Aryan** Naman — Friends Only is safer than Public, but **NOT perfectly safe**. Tumhare 300+ "friends" mein se sab real dost nahi hain. Private is always best.

Who can...	PUBLIC	FRIENDS	PRIVATE
See your posts	✓ Everyone	✓ Friends only	✓ Only you
See your school/location	⚠ Strangers too!	✓ Friends only	✗ No one
Send you DMs	⚠ Anyone!	✓ Friends only	✗ Blocked
See your profile photo	✓ Everyone	✓ Friends only	✓ Only you
Find your profile by name	⚠ Anyone!	✓ Friends only	✗ Hidden

**PUBLIC**  
Anyone on the internet can see everything  
**Very Risky**

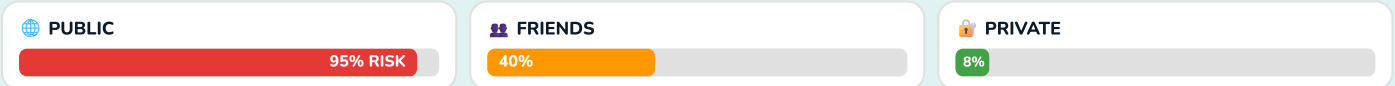
**FRIENDS ONLY**  
Only accepted friends can see posts  
**Moderate**

**PRIVATE**  
Only approved followers can see anything  
**Safest**

### Activity 2

#### Privacy Risk Meter – How Safe Is Each Setting?

Priya made a risk meter for Naman to understand. Look at the risk bars and answer the questions.



**Q7a.** Which setting has the HIGHEST risk? Explain why in one sentence:

**Q7b.** Aryan says "Friends Only is safer than Public but NOT perfectly safe." Do you agree? Explain:

### Activity 3

#### Fix Naman's Privacy Settings!

Aryan found that Naman's account has all settings on PUBLIC. Circle the BEST setting for each row.

Setting	Everyone	Friends Only	Only Me
Who sees my posts?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Profile photo visibility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Location / school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Who can DM me?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Who can find my profile?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Aryan's 5-Step Privacy Check – Before Every Post!**

**Aryan's 5-Step Privacy Checklist**

- 1** **Think Before You Post**  
Ask: "Kya main comfortable hoga agar ek stranger yeh dekhe?" If NO — don't post!
- 2** **Check Your Privacy Setting**  
Go to Settings → Privacy → "Who can see my posts?" → choose Friends Only or Private.
- 3** **Never Share These Publicly**  
Home address, school name, daily routine, phone number, or photos showing your location.
- 4** **Only Accept Friends You Know**  
Don't accept follow requests from strangers — even if they mention your school or area.
- 5** **Tell a Trusted Adult**  
Agar kuch bhi strange lage — koi unknown DM, threatening message — immediately parents ya teacher ko batao.

**Activity 4 – What Would You Do? 4 Real Situations**

**Activity 4**

**Safe  or Risky  – Then Write What to Do**

Read each real-life situation. Decide if it is SAFE or RISKY. Then write what the person should do differently.

**Situation 1 – Rahul & His Birthday**

Rahul (Class 7, Delhi) posts a birthday photo. His account is **Friends Only**. He has 15 friends — all classmates he has met in real life at school.

Safe  or Risky  \_\_\_\_\_

What should he do differently (if anything)?

**Situation 2 – Aisha & The Stranger**

Aisha (Class 8, Mumbai) gets a follow request. The profile says: "Hi! I love BTS too! Let's be friends!" Her account is **Public**. She accepts because they seem friendly.

Safe  or Risky  \_\_\_\_\_

What should she do instead?

**Situation 3 – Dev & Goa Trip**

Dev (Class 8, Chennai) posts: "Goa trip from Dec 23–30! Ghar khali hai warna 🚗 So hyped for this! 🎉" His account is **Public** with 800+ followers.

Safe  or Risky  \_\_\_\_\_

Name TWO risks in this post

**Situation 4 – Naman's Update**

Naman (now updated!) sets his account to **Private**, removes his school name and home area from his bio, blocks the unknown account, and tells his parents.

Safe  or Risky  \_\_\_\_\_

What did he do RIGHT? Write 2 things

**Activity 5**

**Information Sort – Safe to Share or Never Share?**

Priya made this list. Sort each numbered item into the correct zone by writing its number in the box.

- 1 Your favourite subject
- 2 Your home address
- 3 Art you made
- 4 School name + class section
- 5 Phone / UPI number
- 6 A cricket match review
- 7 Selfie showing your house gate
- 8 Daily walk-home time

**SAFE to Share (Friends Only)**

Write numbers here...

**NEVER Share Online**

Write numbers here...

**Q9.** Item 7 (selfie showing house gate) — why is this risky even if your account is Friends Only?

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## One Week Later – Naman Becomes the Teacher!

### One Week Later — Naman Teaches His Class



Class, I almost made a huge mistake — mera account Public tha aur ek stranger mujhe follow kar raha tha. But Aryan aur Priya ne mujhe save kiya!

Naman, ek default setting — aur ek stranger tere ghar ka area aur walk time jaanta tha. Itna bada risk, sirf ek check nahi kiya.



Exactly! Settings check karo, sochke share karo, aur trusted adult ko batao. Yeh teen cheezein yaad rakho — then you're safe!

Aaj se mera rule: **Settings check** → **Post decide** → **Adult batao!** Yeh teen steps sab follow karo.

### Activity 6

#### ? Should I Post It? – Priya's 3-Question Rule

Priya invented this 3-question rule after Naman's story. Read the situation and help Naman decide if the post is safe.

**Situation:** Naman wants to post a photo from the Delhi school cricket finals. The photo shows his school name on the jersey and the stadium location. Help him decide.

#	Question	Circle one	What should Naman do? Write your answer.
1	Is my account set to Friends Only or Private?	<input type="radio"/> YES <input type="radio"/> NO	.....
2	Does the photo show school name, address, or exact location?	<input type="radio"/> YES <input type="radio"/> NO	.....
3	Has a trusted adult (parent/teacher) said it is okay to post?	<input type="radio"/> YES <input type="radio"/> NO	.....

YES — Safe to post!

NO — Not safe yet. I need to:

#### Q10.

Now write YOUR OWN example. Describe something you might want to post, then use the 3 questions to decide if it is safe:

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### Activity 7 – Creative Challenge

#### Design a Privacy Safety Poster!

Help Naman make a poster for his class! Include: what privacy settings are, the 3 levels, and 2 things to NEVER share publicly. Use drawings, Hindi slogans, and bold text!

What are Privacy Settings?

3 Levels (draw them!)

**NEVER** share these online!

Your top Hindi/English privacy tip!

## 🌟 Key Takeaways – What We Learned Today

### ⚙️ Always Check Privacy Settings

Before your first post — go to Settings → Privacy → "Who can see my posts". Don't trust defaults!



### 🔒 Friends Only or Private = Safer

Never leave your account on Public — 1.4 billion strangers can see everything about you.

### 🚫 Some Info = Never Share

Home address, school location, phone number, UPI ID, and daily routine — yeh sab offline raho.



### 👤 When Unsure — Ask an Adult

Agar koi unknown DM aaye ya kuch strange lage — parents ya teacher ko turant batao.

### 👥 Friends ≠ Always Safe

Friends Only is not perfectly safe. Only accept people you know in real life — online "friends" can be strangers.



### 📅 Check Settings Regularly

Apps update and reset privacy settings. Check your settings every month — not just when you first join.

## 📄 Quick Assessment – What Did You Learn?

### Q11a.

Which setting lets ANYONE see your posts? Circle one:

- Friends Only
- Public
- Private
- Only Me

### Q11b.

Name TWO things from Indian daily life you should NEVER post publicly (e.g., not just address — think UPI, Aadhaar, etc.):

### Q12.

Naman wants to post his home address as "Friends Only" so his 300 followers can visit him on Diwali. What would YOU tell him? Write 3–4 sentences:

### Q13.

Aryan says: "Naman didn't check his privacy settings. The boy in the news didn't check his either. Both made the same mistake." Do you agree? Explain ONE way their mistakes were similar and ONE way they were different:

## ⚡ Quick True / False

T / F "Public" means only your friends can see your post.

T / F Privacy settings help you control who sees your posts.

T / F A Private account is the riskiest choice online.

T / F A stranger can send you a DM on a Public account.

T / F Friends Only is perfectly safe — all 300 friends are trustworthy.

T / F Your UPI ID and phone number should never be posted publicly.

## 🔒 Naman, Aryan & Priya's Golden Rule

"Settings check karo pehle. Soch ke share karo. Trusted adult ko batao. THEN post karo!"

From confused about Public settings → to a Privacy Champion! 🌟 Next up: Recognising Scams & Phishing